



**SailEATalia**  
**EAT and Drink like an Italian**

*Italian Cuisine Flotilla - Ponza*

29 June – 6 July, 14-21 September and 28 September- 5 October

*A fabulous week sailing around the amazing Pontine islands of Ventotene, Ponza and Palmarola to explore the traditional local cuisine.  
Our lead yacht with professional crew on board will take you to the best places and will assist you with whatever you may need.*

**1st day: Saturday - Procida**  
Welcome drinks and pizza party

**2nd day: Sunday – Forio - Ischia**

We will then head towards Ischia and stop in the port of Forio. Here we will eat the typical and famous Rabbit, a recipe that has been passed down through the generations (for those who are not rabbit lovers there will be alternative meat offered). You will find yourself amazed with the spectacular views from this artisanal restaurant at the top of the mountain and visit a traditional wine cellar.

**3rd day: Monday – Ventotene**

We will be moored in the beautiful harbour of Porto Romano in Ventotene, a small fishing port that was excavated by hand from the Romans. At night we will enjoy a traditional meal in one of the local restaurants near to the marina.

**4th day: Tuesday – Ponza**

We will then sail to the next island, Ponza where we will dock at Pontile Serto before going to have dinner on a beautiful terrace overlooking the sea in the heart of the small village of Santa Maria.

**5th day: Wednesday – Palmarola**

We will then move towards Palmarola, a deserted island that is worth a visit.  
Here you will be free to explore the Island, swim the the marvellous clear blue seas and make some more fantastic memories.

**6th day: Thursday – Ischia Port**

We will then head back to Ischia but this time we will stop in the main port where we will have wine tasting in one of the oldest wineries of the island and a buffet of some of the traditional local food.

**7th day: Friday - Procida**

We will then finish our week back in the Marina of Procida and have a farewell meal all together in one of the local restaurants.

**Saturday – Procida**  
Check-out by 9 a.m.

**\*The program may be changed due to weather conditions or particular/unforeseen events\***

**\*Within 90 days before departure the flotilla may be cancelled if we do not have at least 4 boats participating\***

**The cost of participation is €425 per person, which includes: Lead yacht, assistance with moorings, all food and wine mentioned above as well as transfers to all restaurants and wineries**

**\*Cost of the yacht, mooring fees and fuel are not included\***

*2024 Edition*